

Ms. Particular Presents: Alternate vs. Alternative

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These brief "lessons" are designed to addresss common mistakes in English usage and to administer instruction in small, palatable doses.

"alternate" has two meanings

- 1. Something that proceeds by turns with another
- 2. Something that replaces another

"The axial structure consists of alternating regions where the radius of the flow, $r_j(z)$, and the curvature of the magnetic field lines change from convex to concave."

- If you mean "one after the other," use alternate
- If you mean "one in place of the other," use alternate

Alternate takes the preposition with—one thing alternates with the other.

"alternative" means a choice or option

"An alternative method to investigate nucleon resonances employs decays of charmonium states such as J/ψ and $\psi(3686)$."

Alternatives are usually mutually exclusive

If you mean "one *or* the other" or "one *instead* of the other," use *alternative*

Some language purists insist that *alternative* may be used only in the case of two mutually exclusive options (one alternative or the other) [Ernest Gowers called it a fetish], but that narrow definition is not supported by most stylistic experts. It's perfectly fine to have three or more *alternatives*.

But an alternative implies more than just a choice.

According to Bryan Garner, "Indeed, alternative carries with it two nuances absent from choice. First, alternative may suggest adequacy for some purpose <an alternative to driving>; and second, it may suggest compulsion to choose <the alternatives are liberty and death>." Garner's Modern American Usage (Oxford University Press, 2003), p. 38.

These nuances apply in some cases, not all. (After all, it's English.)