

Useful Information

$\hbar c$	$m_e c^2$	1 eV	c
197 eV nm	$0.511 \times 10^6$ eV	$1.6 \times 10^{-19}$ J	$3 \times 10^8$ m/s

Math Facts

$$e^{i\theta} = \cos \theta + i \sin \theta \quad , \quad |A + B|^2 = |A|^2 + 2\Re\{A^*B\} + |B|^2$$

$$\int_0^\infty dx x^n e^{-x} = n! \quad \int_0^\infty dr r^2 \int_0^\pi d\theta \sin \theta \int_0^{2\pi} d\phi \equiv \int_0^\infty dr r^2 \int_{-1}^1 d \cos \theta \int_0^{2\pi} d\phi$$

Time Dependant Perturbation Theory

Final state amplitude:  $c_{i \rightarrow f}(t) = \frac{1}{i\hbar} \int_{-\infty}^t \langle f | \Delta V(\vec{r}, t') | i \rangle \exp\left(i \frac{[E_f - E_i] t'}{\hbar}\right) dt'$

Harmonic Oscillator

$$x \varphi_n = \sqrt{\frac{\hbar}{2m\omega}} (\sqrt{n+1} \varphi_{n+1} + \sqrt{n} \varphi_{n-1}) ; \quad \hat{p} \varphi_n = i\sqrt{\frac{m\hbar\omega}{2}} (\sqrt{n+1} \varphi_{n+1} - \sqrt{n} \varphi_{n-1})$$

where  $\varphi_n$  are the SHO wave functions starting with the ground state  $\varphi_0$ .

$$\hat{H} = -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} + \frac{1}{2} m \omega^2 x^2$$

$$\varphi_0 = \left(\frac{\beta}{\pi}\right)^{1/2} \exp\left(-\frac{\beta x^2}{2}\right) ; \quad \varphi_1 = \left(2\beta\sqrt{\frac{\beta}{\pi}}\right)^{1/2} x \exp\left(-\frac{\beta x^2}{2}\right)$$

$$\varphi_2 = \left(\frac{1}{2}\sqrt{\frac{\beta}{\pi}}\right)^{1/2} (2\beta x^2 - 1) \exp\left(-\frac{\beta x^2}{2}\right)$$

where  $\beta = m\omega/\hbar$  and  $E_n = (n + \frac{1}{2}) \hbar\omega$

Gaussian Integrals  $I_n = \int_{-\infty}^{+\infty} dy y^n e^{-\beta y^2}$

$$I_0 = \sqrt{\pi} \beta^{-1/2}; \quad I_2 = \sqrt{\pi} \left(\frac{1}{2}\right) \beta^{-3/2}; \quad I_4 = \sqrt{\pi} \left(\frac{1}{2}\right) \left(\frac{3}{2}\right) \beta^{-5/2}$$

$$I_6 = \sqrt{\pi} \left(\frac{1}{2}\right) \left(\frac{3}{2}\right) \left(\frac{5}{2}\right) \beta^{-7/2}$$

## Hydrogen Atom

$$\psi_{100} = \frac{1}{\sqrt{\pi}} \left( \frac{Z}{a_o} \right)^{3/2} e^{-Zr/a_o} , \quad \psi_{200} = \frac{1}{4\sqrt{2\pi}} \left( \frac{Z}{a_o} \right)^{3/2} \left( 2 - \frac{Zr}{a_o} \right) e^{-Zr/2a_o}$$

$$\psi_{210} = \frac{1}{4\sqrt{2\pi}} \left( \frac{Z}{a_o} \right)^{3/2} \frac{Zr}{a_o} e^{-Zr/2a_o} \cos \theta$$

$$\psi_{21\pm 1} = \frac{1}{8\sqrt{\pi}} \left( \frac{Z}{a_o} \right)^{3/2} \frac{Zr}{a_o} e^{-Zr/2a_o} \sin \theta e^{\pm i\phi}$$

$$\psi_{300} = \frac{1}{81\sqrt{3\pi}} \left( \frac{Z}{a_o} \right)^{3/2} \left( 27 - 18\frac{Zr}{a_o} + 2\frac{Z^2 r^2}{a_o^2} \right) e^{-Zr/3a_o}$$

$$a_o = \frac{4\pi\epsilon_o \hbar^2}{\mu e^2} = \frac{\hbar c}{\alpha \mu c^2} = 0.0529 \text{ nm for an electron} , \quad E_n = \frac{-13.6 \text{ eV}}{n^2}$$

E1 transition:  $\Delta\ell = \pm 1$  and  $\Delta m = 0, \pm 1$ .

## Spherical Harmonics

$Y_0^0$ $\sqrt{\frac{1}{4\pi}}$	$Y_1^0$ $\sqrt{\frac{3}{4\pi}} \cos \theta$	$Y_1^{\pm 1}$ $\mp \sqrt{\frac{3}{8\pi}} e^{\pm i\phi} \sin \theta$
$Y_2^0$ $\sqrt{\frac{5}{16\pi}} (3 \cos^2 \theta - 1)$	$Y_2^{\pm 1}$ $\mp \sqrt{\frac{15}{8\pi}} e^{\pm i\phi} \sin \theta \cos \theta$	$Y_2^{\pm 2}$ $\sqrt{\frac{15}{32\pi}} e^{\pm 2i\phi} \sin^2 \theta$
$Y_3^0$ $\sqrt{\frac{7}{16\pi}} (5 \cos^3 \theta - 3 \cos \theta)$	$Y_3^{\pm 1}$ $\mp \sqrt{\frac{21}{64\pi}} e^{\pm i\phi} \sin \theta (5 \cos^2 \theta - 1)$	$Y_3^{\pm 2}$ $\sqrt{\frac{105}{32\pi}} e^{\pm 2i\phi} \sin^2 \theta \cos \theta$
$Y_3^{\pm 3}$ $\mp \sqrt{\frac{35}{64\pi}} e^{\pm 3i\phi} \sin^3 \theta$		

$$\check{L}^2 Y_\ell^m = \ell(\ell+1)\hbar^2 Y_\ell^m , \quad \check{L}_z Y_\ell^m = m \hbar Y_\ell^m , \quad \text{Parity} = (-1)^\ell$$